2023-2024 CSISD UIL



Paperwork Updates

CSISD has a new platform for managing all pre-participation paperwork, so it is imperative that you read the entirety of this message to ensure that your child is prepared for the 2023-24 school year.

Important Information



Each year, in order for your student to be eligible to participate in Athletics, Cheer or Dance Team, there are two things that you MUST have completed prior to the first day of participation in both in-season and off-season activities.

- A physical exam and medical history. These are to be completed by a <u>physician</u> only.
- RankOne online paperwork. Paperwork for the 2023-24 school year will become available on April 1, 2023.

UIL Physical Exams

Physical Exams

Students are required to use the <u>Pre-Participation - Physical</u>
<u>Examination Form</u> that is linked here and attached to this email. **Per UIL rules, NO OTHER form can be accepted.**

Hard copies of this form will be sent home with your child through their coach/program director. PDF copies can also be found in your RankOne account.

CSISD will accept physicals for the 2023-2024 academic year physician dated on or after April 1, 2023. Any physical dated prior to April 1, will expire on August 1.

CSISD Physical
Exam Dates

CSISD Athletics will be hosting three dates that are fundraisers for each campus' sports medicine program. ALL proceeds will go towards the sports medicine programs to purchase the medical equipment and supplies that we use to care for our student-athletes, cheer and dance team members.

AMCHS students - May 3rd from 3-6pm CSHS students - May 10th from 3-7pm Middle Schools and High School Make Up - May 17th from 4-7pm

Informational fliers about how to sign up will be sent home with students by their coach/program director. Virtual fliers will also be sent out via email, Schoology, and social media platforms.

Middle School students are able to attend the High School Physical Days.

If you prefer to see your family physician, please have them complete the attached <u>Pre-Participation - Physical Examination</u>
<u>Form</u>

How to Turn in Your Physical Exam

Once completed, please upload the physical exam document directly into your RankOne account (see RankOne information below). Please do **NOT** bring hard copies to turn in. You can print forms for your records, however, AMCMS does **NOT** need a hard copy of any forms or physical exams.

Once your child's physical is completed and uploaded in RankOne, the athletic training staff will review it for approval.

RankOne Online Paperwork

RankOne	RankOne will be REPLACING PlanetHS/Big Teams previously used by CSISD. ALL parents/guardians will need to create an account in RankOne to complete the required online forms. Online forms for the 2023-24 school year will become available on April 1, 2023.
Forms to Be Completed	 UIL Preparticipation Physical Evaluation and Medical History - upload a PDF or picture of your completed form. Emergency Information and Consent to Treat UIL Forms Signature Pages Acknowledgement of Rules Concussion Acknowledgement Form

Tutorials & Parent Portal Access	 Parent/Student Steroid Agreement Form Sudden Cardiac Arrest Awareness Form UIL Ethics and Hazing UIL Parent Information Manual and Safety Training Manual Agreement How to Complete Online Forms with a Parent Account CSISD RankOne Parent Portal Frequently Asked Questions
Get the App! Set the App! Se	Parents, download the RankOne app on your phone or tablet to have access to: • All Online Forms/Physicals • Receive Notifications About Your Child via Coaches and Medical Staff • Team Schedules • Manage Your Account

Frequently Asked Questions

I am having trouble with my RankOne account, who do I reach out to?	Reach out to support@rankone.com or contact your child's coach/program director for assistance.
Who do I turn my physical into?	You <u>will not</u> turn in a hard copy. Upload your physical to your RankOne account. <u>Please do NOT turn in to the nurse, front office staff, your coach/program director, CSISD central office etc.</u>
How do I get a copy of my child's physical?	Within RankOne, you have access to your child's physical at any time by simply logging into your account.
How do I contact the Athletic Trainer on my child's campus?	 A&M Consolidated High School - amchsathtrainer@csisd.org College Station High School - cshsathtrainer@csisd.org A&M Consolidated Middle School - amcmsathtrainer@csisd.org College Station Middle School - csmsathtrainer@csisd.org Wellborn Middle School - wmsathtrainer@csisd.org